anesthesia has proved to be the most popular approach for this kind of exploration, although limited parasternal mediastinotomy has also been utilized safely and successfully. Lymph nodes in the paratracheal and subcarinal regions may be visualized and biopsy specimens taken during mediastinoscopy. Although the procedure is potentially hazardous, mortality in a series of 9,543 cases collected by Ashbaugh was 0.09 percent and morbidity was 1.5 percent.

Mediastinoscopy does not replace other diagnostic procedures in evaluating patients with cancer of the lung. It is most useful in patients with proximal lesions in whom resectability is in doubt and least useful in patients with asymptomatic peripheral lesions. Ipsilateral positive lymph node biopsy via the mediastinoscope does not necessarily mean that the cancer is incurable, since some patients with positive mediastinal lymph nodes survive five years following pulmonary resection for carcinoma of the lung.

This is a procedure which should be part of the armamentarium of every thoracic surgeon.

JAMES B. D. MARK, M.D.

REFERENCES

Ashbaugh BG: Mediastinoscopy. Arch Surg 100:568-573, May 1970 Morton JR, Guinn GA: Mediastinoscopy using local anesthesia. Am J Surg 122:696-698, Nov 1971

Aggressive Approach to Diagnosis of Lung Infiltrates in the Compromised Host

X-ray signs of lung disease in patients with impaired resistance to infection are frequently nonspecific and may be due to either their underlying disease or infection. Corticosteroids and cytotoxic drugs alter the inflammatory response and may prevent "classical" radiological features associated with many infectious agents. The life-threatening nature of infection and the extensive differential diagnosis of lung infiltrates and cavitation in these patients are so great as

to preclude other than an aggressive approach to identify the etiology. Sputum, preferably obtained by transtracheal aspiration, should be cultured for anaerobic, and aerobic bacteria, mycobacteria and fungi; within a brief period acid fast, silver (for pneumocystis and fungi) and Gram stains should be performed. If stains are unrevealing, the patient's condition and the severity of his lung disease should dictate the necessity of either closed lung aspiration or biopsy. If either is performed, and immediate staining does not reveal a cause, open lung biopsy should be carried out.

JACK S. REMINGTON, M.D.

REFERENCES

Stinson EB, Bieber CP, Griepp RB, et al: Infectious complications following cardiac transplantation in man. Ann Intern Med 74:22-36, Jan 1971

Johnson HD, Johnson WW: Pneumocystis carinii pneumonia in children with cancer—Diagnosis and treatment. JAMA 214:1067-1073, Nov 9, 1970

Lymphocyte Tissue Culture in Transplant Surgery

THE in vitro RESPONSIVENESS of lymphocytes taken from transplant recipients has been the subject of a number of contradictory reports: to some extent this reflects various pitfalls in the quantitation of lymphocyte cultures, especially in a complex clinical situation. Nevertheless, it is the overall impression that when a satisfactory level of immunosuppression has been reached, the transplant patient's lymphocytes have a reduced response to phytohemagglutinin, and that a return to a normal responsiveness frequently heralds a rejection crisis.

Preceding rejection episodes there also appears to be an increased traffic in the blood of activated lymphocytes similar to that associated with vaccination or virus infection; this is reflected in an increased rate of spontaneous transformation in leukocyte cultures. The presence of activated cells in the circulation may also be detected either by counting atypical mononuclears in the peripheral blood, or by measuring the increased rate of RNA synthesis in very short-